

OVERVIEW




Topics We Will Cover

- Emotional Intelligence
- Alignment with your manager
- Giving positive and negative feedback
- Effective conflict
- Attitude and mindset
- Prioritizing /boundaries
- Stress/burnout
- Influence up and down
- Persuade with your ideas
And More

Format

- Live-online
- Eight sessions once every two weeks
- 90 minutes per session
- Program size: 7 people maximum

Contact

 1+ 650 276 6464

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The Team Member/Individual Contributor Coaching Cohort

No person works on an island. We all need to collaborate with others to accomplish our work. Working with others requires skills in connecting, influencing, dealing with conflict and much more. Aligning with people is critical if we are expected to reach our deadlines, on time and under budget. If we go it alone, we are fighting an uphill battle. The fact is we all need insight and direction from others.

How do we get there?

Through our profession coach led discussions, you learn from other individual contributors and untitled leaders at your level that are experiencing similar challenges and opportunities as you are. Sharing ideas and practices that help you deal with the issues you are faced with, not someday, but today.

Why does it work?

Talking about it is not enough to make us more effective in working with people. It takes commitment and accountability. With a shared commitment, we learn from each other as we all benefit from the experience in the room. This will take us to a new level that is not attainable alone.

Why is it important?

If your performance is based on accomplishing work that requires working with others, you need to have a high level of understanding people and emotional intelligence. Having the ability to work frictionlessly with others and bring them to your way of thinking dramatically increases your effectiveness.